

PREVENTION IS BETTER THAN CURE



Annual Review

2024-2025

The Trauma Centre for Survivors of Violence and Torture Trust

CHAIRPERSON REPORT 2024-2025

Non-Governmental Organisations like The Trauma Centre are the lifeblood of communities, delivering professional services that uplift and transform lives, with a ripple effect on the whole of society.

Research consistently shows that unresolved trauma perpetuates cycles of violence and instability. Without organisations that provide care and support to those who cannot afford it, we must ask ourselves: what would happen to our society?

Despite the essential role that NGOs play in breaking these cycles and fostering a more humane society, caregiving organisations often face significant resource challenges. Funders frequently focus on project-specific support, while overhead costs - critical to sustaining operations such as management, office rent, and infrastructure - are often overlooked. Yet, it is these operational foundations that enable us to deliver life-changing programmes.

In light of these challenges, I want to take this opportunity to celebrate our funders, partners, and supporters who believe in our cause and have empowered us to continue our mission. Your contributions are the bedrock of our work, allowing us to serve the voiceless and vulnerable.



Achievements: 2024-2025

This year, The Trauma Centre has made remarkable strides, reflecting our unwavering commitment to our mission. Our impact numbers tell a story of hope and transformation:

Children Counselling Services: 1,265 children received critical counselling and trauma support services.

Adult Counselling Services: 1,635 adults accessed counselling, providing them with tools for healing and resilience.

31 professionals were trained in Trauma and Bereavement Counselling.

129 volunteers and SAPS officials were trained in Trauma Support.

48 youth were trained in theatre skills, using creative expression to address and prevent GBV.

GBV Prevention Drama: Performed to audiences of, in total, 1,469 people.

Looking Ahead

As we reflect on the past year, we are filled with gratitude for what has been achieved and determination for what lies ahead. The Trauma Centre remains committed to delivering transformative services, expanding our reach, and advocating for the resources needed to sustain our vital work. Together with our funders, partners, and community, we will continue to break cycles of trauma, foster healing, and build a society rooted in dignity, compassion, and justice.

Thank you for your unwavering support.



Caroline Peters
The Chairperson
The Trauma Centre for Survivors of Violence and Torture

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We would like to thank the staff of The Trauma Centre for their commitment and dedication in fulfilling their duties during 2024-2025.

Here follow the names of staff in the various teams:

The Trustees

Caroline Peters - Chairperson
Duncan Albertyn - Treasurer (passed 24 August 2024)
Ashraf Kagee - Trustee
Jerushah Rangasami - Trustee
Jackie Stewart - Trustee
Zaid Manjra - Trustee
Austen Jackson - Trustee
Maria Stacey - Trustee

Victim Empowerment Programme

Neva Smith - Intervention Manager
Nonhlanhla Mlangeni - Social Worker
Babalwa Nyaba - Social Auxiliary Worker
Vuyelwa Sahula - Social Worker
Nosintu Boqwana - Social Auxiliary Worker
Nozuko Mdibani - Social Worker
Sazikazi Xashe - Social Auxiliary Worker
Deoleen Damons - Social Auxiliary Worker
Nasiphi Landingwe - Social Worker
Grizelda Maki - Social Auxiliary Worker
Themba Nqinileyo – Social Worker

Management and administration

Marguerite Holtzhausen - Executive Director/Senior Social Worker
Lulamile Mdudu - Finance Administrator
Lihle Libala - Receptionist/Administrative Assistant
Zoliswa Mkive – Cleaner

Workplace Programme

Keratiloe Mtonori - Social Worker
Yumna Adams - Social Worker

Children and Families

Melicia Sny - Project Manager
Siyonela Daca - Social Auxiliary Worker
Shannon Myers - Social Auxiliary Worker
Monique Grootboom - Social Worker
Shaina America - Administrative Assistant

Violence Prevention

Themba Nqinileyo
Qhamisa Jama
Kimlyn Smith



YOUTH THEATRE TO PREVENT GBVF

The Trauma Centre continued our violence prevention theatre project, with funding from the Canadian Embassy in 2024.

The impactful dramas facilitated a measurable shift in viewpoints on gender power and GBV, with a change of 6-15% in attitudes among viewers. Aligned with Pillar 2 of the National Strategic Plan on GBV and Femicide, The Trauma Centre is serious about violence prevention to achieve our vision of a non-violent society.



The Trauma Centre Presents

BEYOND MY SCARS THE AMBIGUITIES OF GBV

Director: **Themba Nqinileyo** and **Qhamisa Jama**. Assisted by **Kimlyn Smith**



CAST
THE DELFT DRAMA
GROUP
FT BILLY

Entrance: FREE



CFLI/FCIL
Canada Fund for Local Initiatives
Fonds canadien d'initiatives locales



THE TRAUMA CENTRE
FOR SURVIVORS OF VIOLENCE AND TORTURE



ENHANCING THE WELLNESS OF WORKERS

One of the lesser-known programmes of The Trauma Centre is the Workplace Wellness programme. The Trauma Centre is mainly known for its free community-based counselling and training in low-income areas to people who do not have access to mental health support.

Through the Workplace Wellness programme, The Trauma Centre extends its reach to workers in companies by providing essential workplace wellness programmes, including in-person, telephone and online professional counselling by registered counsellors. The team also provides training on psycho-social work-related issues like alcohol use and sexual harassment, and trauma support worker training. Furthermore, we can also assist in developing psychosocial-related policies for an organisation, for example, sexual harassment policies. In the past year, The Trauma Centre saw 514 workplace wellness clients.

Employee Assistance Programmes are becoming the norm within the corporate and Non-Governmental sectors in South Africa, and wellness companies flood the market with a variety of wellness models, including counselling, legal and financial programmes.

Originally established as a support framework to address employees' personal and professional challenges, EAPs were intended to be a bridge between work and well-being, providing a safe space for guidance and assistance.

While technology and the mass provision of wellness services offer efficient ways to connect with employees, the essence of Employee Assistance Programmes remains rooted in personal, one-on-one interactions. In a diverse cultural and economic environment, a needs-based, empathetic and client-centred approach is essential to support employees on the road to wellness. In our experience, the South African employee does not respond to a cookie-cutter wellness offering, and a personalised approach, providing psychological as well as social and family support, has better results.

Here is some feedback from companies:

"I am writing to express my heartfelt gratitude for the support the Trauma Centre Wellness Officer has provided to our factory staff. Her role in providing training sessions has been instrumental in enhancing our staff's knowledge. Her insightful guidance has helped us address issues related to absenteeism, and her expertise in handling difficult situations has been an asset to our team. Please accept our sincere appreciation for her hard work, professionalism and dedication. She is a true partner to my team."

- From a Day Shift Factory Manager

"The partnership has been highly beneficial, and we want to express our gratitude for the expertise and dedication demonstrated. The workplace wellness officer especially contributed to addressing worker absenteeism; training on company policies; and alcohol and drug abuse training. Overall, her approach has been professional, empathetic, and results-oriented, positively impacting both individual employees and the workplace environment as a whole. We deeply value this collaboration and look forward to continuing this relationship in the future."

- From a Learning & Development Manager

Any company interested to make use of The Trauma Centre's wellness services, could email us at wc@trauma.org.za for more information.

Article written by the Executive Director, Marguerite Holtzhausen

MORE PROGRAMMES FOR VIOLENCE PREVENTION



LIST OF DONORS

We thank the following institutions for their funding, without which the services of The Trauma Centre would not be possible.



Donate Here

You can donate to The Trauma Centre for Survivors of Violence and Torture in the following ways:

EFT:

First National Bank

The Trauma Centre for Survivors of Violence and Torture

Account number: 501070075152

Branch: 201509

Swift code: FIRNZAJJ

OR

**Visit our website www.traumacentre.org.za to donate
via SnapScan, PayFast or PayPal.**

AUDITED FINANCIAL STATEMENTS 2024-2025

Statement of Financial Position as at 28 February 2025

Figures in Rand	Note(s)	2025	2024
Assets			
Non-Current Assets			
Property, plant and equipment	2	195,525	387,329
Current Assets			
Trade and other receivables	3	285,647	316,889
Cash and cash equivalents	4	779,547	784,161
		1,065,194	1,101,050
Total Assets		1,260,719	1,488,379
Equity and Liabilities			
Equity			
Accumulated surplus		1,222,129	1,424,258
Liabilities			
Current Liabilities			
Trade and other payables	5	38,590	64,121
Total Equity and Liabilities		1,260,719	1,488,379

Statement of Comprehensive Income

Figures in Rand	Note(s)	2025	2024
Revenue	6	5,562,204	5,546,629
Other income		-	168,971
Operating expenses		(5,769,977)	(5,720,342)
Operating deficit	7	(207,773)	(4,742)
Investment revenue	9	5,651	5,413
Finance costs	10	(7)	(20)
(Deficit) surplus for the year		(202,129)	651
Other comprehensive income		-	-
Total comprehensive (loss) income for the year		(202,129)	651

OUR HEARTFELT GRATITUDE FOR YOUR SUPPORT DURING 2024-2025

Contact us:

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Instagram traumacentre1

Facebook The Trauma Centre for Survivors of Violence
and Torture Trust

